

Featuring Consumer Information from
*Columbia University
College of Dental Medicine*

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Oral Health Made Simple

Your
Prescription
For Knowledge

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◀ DENTAL DRUGS

Reviewed by the Faculty of *Columbia University College of Dental Medicine*



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Saliva Substitutes

Common brand names: **Moi-Stir**, Mouthkote, Optimoist, Saliva Substitute, Salivart, Salix, Xero-Lube.

Dental uses: Saliva substitutes are used to relieve symptoms of dry mouth and dry throat in people who have little or no natural saliva. These include people who received radiation therapy to the head and neck. People with Sjögren's syndrome (an immune system disorder) also have long-term (chronic) dry mouth.

Dosage for dental purposes: Saliva substitutes usually are in the form of a spray. Take as often as needed. There are no specific dosage guidelines.

Concerns and possible side effects: Long-term dry mouth increases your risk of dental decay and yeast infections. See your dentist for treatment. Saliva substitutes are one treatment. Your dentist also should apply fluoride treatments to protect your teeth from the increased risk of decay.

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